



Vadnais Heights HI-LITES

Senior Activities Newsletter

October 2016

Vadnais Heights HI-LITES Volunteers

Vadnais Heights Commons
Friday, October 14, 9 am.

Vadnais Heights Community Food Program

Saturday, October 15, 9 am.
Help register people for the food shelf.

Italian Pasta Dinner

Saturday, October 1, Christ the Servant Lutheran Church, 3676 Centerville Road. Dinner will be served 4 pm to 7 pm. The dinner includes pasta, Italian meatballs, salad, Vienna bread, dessert and beverage. Adult tickets are \$11 and children under age 12 are \$6. For further information call 651-429-6595. Bon Appetit!

Council Meetings

Wednesday, October 5 and Wednesday, October 19, 7 pm at Vadnais Heights City Hall.

Senior Chore Fall Clean Up Program

If you are 60 years or older, reside in the Northeast suburbs of Ramsey County, have low to moderate income and need help with your fall yard clean up, contact Debbie Wells at 651-757-4061 or e-mail debbie@nyfs.org by October 15.

Silly Joke #10

Joe: What did the left hand say to the other hand?
Flo: How does it feel to be always right?

Vadnais Heights Lions Belgian Waffle Breakfast

Sunday, October 9, 8 am – 1 pm at the Vadnais Heights Commons. Also a quilt raffle, bake sale and balloon animals 9:30-12:00. Cub Scout Pack 212 will be taking wreath orders and selling popcorn. The VHFD will have an open house for Fire Prevention Week.

Pumpkin Patch – Christ the Servant Lutheran Church

The pumpkins are due to arrive on October 9 with sales starting on Monday, October 10.

Lunch & Table Games

Wednesday, October 12, 12 noon.
Bag lunches are the order of the day. We'll have the coffee ready and dessert will be furnished by Cheryl Intihar. After a short meeting, table games of choice will be played.

Christ the Servant Blood Drive

Thursday, October 13, 2 pm to 7 pm. For appt/info: go online to www.redcrossblood.org. Enter sponsor code: Christ the Servant. Contact information: Lois McKeag, 651-429-6565.

Thanks – Gable Pines

The Vadnais Heights Senior Hi-Lites are very thankful to Gable Pines for their donation and support. We appreciate Gable Pines and their staff for hosting our Benefit Breakfast.

It's Oktoberfest!

Friday, October 14, 2 – 3 pm Gable Pines Senior Homes, 1260 E. County Road E. Celebrate with traditional German sausage, sauerkraut and pretzels while the 5 piece "Sweet Memories" band performs your favorite polka music and classic hits! "Roll out the barrel" at Gable Pines! Please RSVP by October 10 at 651-829-3171.

Pizza! Pizza!

Wednesday, October 26, 12 noon.
Forget your bag lunch. We'll be having pizza, salad and Mary Lou Kendle will be bringing dessert. If you have a Halloween outfit, we would love to see you in it. Table games of choice will be played.

Vadnais Heights Community Halloween Party

Monday, October 31, 6 pm-8 pm at Vadnais Heights Commons. Enjoy an evening of entertainment, Halloween treats, refreshments, balloon animals and other activities. Get into the Halloween spirit with the special free community event. The Circus Manduhai Show will perform 6:30-7:15 pm.

The *Vadnais Heights HI-LITES* is a newsletter for senior citizens sponsored by The City of Vadnais Heights. HI-LITES is published monthly, except for a combined November/December issue. Vadnais Heights Senior Citizens meet at Christ the Servant Lutheran Church located at 3676 Centerville Road, for all events unless otherwise specified.

For more information on any event, please contact Vadnais Heights City Hall, 800 East County Road E, 651.204.6000, or www.cityvadnaisheights.com. You may also call Josephine Christensen at 651.777.0618. Additional senior resources are offered through the White Bear Area Senior Program at 651-653-3121 or www.whitebearseniorprogram.org.



Bier Here!

A brief history of Oktoberfest

by Elissa Haney

Oktoberfest isn't just for Germans anymore. People have flocked to Germany from all parts of the globe to participate in the world's largest annual festival for nearly 200 years. In addition to the two-week celebration in Munich, the Bavarian capital where the tradition began, Oktoberfest is enjoyed in one form or another in cities and towns worldwide.

Ludwig's "royal" party

So how did this global party get started? (And why didn't anyone think of it sooner?) Prince Ludwig of Bavaria, who was later crowned King Ludwig I, wanted his people to share in the celebration of his marriage to Princess Therese of Saxony-Hildburghausen on October 12, 1810.

Ludwig organized a horse race and invited all the people of Munich. The royal party drew about 40,000 guests—a major rager, by ordinary standards, but only a small fraction of the 6.4 million people at Oktoberfest in 1997. A good time, and copious amounts of beer were apparently had by all that first year. It was decided that the horse race would be held again in 1811, this time in conjunction with the state agricultural show.

Modern Munich celebration

Although the horse race was eventually abandoned, many characteristics of the early Oktoberfest celebrations have been retained, if not expanded upon. Munich's annual celebration is still held on the original site, dubbed *Theresienwiese* ("Theresa's fields"), in front of the city gates.

The agricultural show continues to be a feature, though it is only held every third year now. The tradition of beer and food stands, begun in 1818, continues today and is perhaps the most significantly developed aspect of Oktoberfest.

16 days, six million people, and some great big tents

The modern celebration has replaced the small tents with giant brewery-sponsored beer halls that can hold up to 5,000 people apiece. The party has also grown in length, to become a 16-day extravaganza ending the first Sunday in October.

The Oktoberfest in Munich has been cancelled at times in the past due to war and cholera. The festival opens with a grand parade of the Oktoberfest "landlords" and breweries, and features traditional dancers and costumed performers, the Riflemen's Procession, music...and, most definitely, beer!

Oktoberfakts

- In 1997, Oktoberfesters consumed more than 5 ½ million liters of beer, about 45,000 liters of wine, and almost 165,000 liters of nonalcoholic beer.
- The local name for Oktoberfest, "Wies'n," is derived from *Theresienwiese*, the name of the field on which the festival is held.
- The festival halls in Munich can seat 94,000 people.
- The beers that the Munich breweries produce specially for Oktoberfest contain 4.5 percent alcohol.
- Cincinnati, Ohio, which claims to hold the "largest authentic Oktoberfest" in the U.S., draws about 500,000 people to its celebration

