38th Annual Vadnais Heights Heritage Days 2013
August 14th—18th

Enjoy fun for all ages at the 2013 Heritage Days Celebration, thanks to the Heritage Days Planning Committee, the City of Vadnais Heights, many local community groups, and generous financial and in-kind contributors! **All events take place at Community Park, 641 East County Road F, or Vadnais Heights Commons, 655 E Co. Road F, Vadnais Heights unless otherwise noted.** For more information see the city's website at www.cityvadnaisheights.com, or call City Hall at 651-204-6000.

Volunteer opportunities available throughout Heritage Days. Visit the Heritage Days web page to see how you can volunteer. It's a great way to meet new friends and neighbors.

The Medallion Hunt offers a $200 prize! It begins on Monday, August 12, with clues posted at City Hall, Community Park, Kohler Meadows Park, and on the city's website (www.cityvadnaisheights.com), and on the medallion hotline (651-204-6017). Sponsored by Premier Bank. Find the Medallion, win the $200 prize!

Wednesday, August 14

- **Senior Picnic**. 11:30 am to 2 pm at Vadnais Heights Commons, 655 East County Road F. Cost is $5 per person. Advanced registration required by August 7. Sponsored by the Vadnais Heights Lions Club and the Parks and Recreation Department.
- **Photography Contest.** Begins at daybreak August 14 to dusk August 18. Participants can submit two photos with their entry form. Entries must be received by midnight September 15. Winners will be selected based on the number of Facebook "likes" at noon on September 30.
- **Yoga at the Park.** 7 to 8 pm at Kohler Meadows Park. Free. Please bring a non-perishable item for the Vadnais Heights Food Shelf.
- **Water Ski Show.** 7 pm at Goose Lake on Hoffman Road, White Bear Lake.

Friday, August 16

- **Bingo**. 6:30 to 9 pm at the Vadnais Heights Commons. Sponsored by the Vadnais Heights Rotary Club.

Saturday, August 17

- **Bike Corral.** Community Park 10 am to 10 pm. Ride your bike to Heritage Days!
- **LYNX 5K and 10K Run.** Register online at www.finalstretch.com or beginning at 8 am on race day. Run starts at 9 am from Kohler Meadows Park, 365 County Road F.
- **Bean Bag Tournament.** Double elimination, two players per team. Check in at noon to 1 pm. Play begins at 2 pm. $20 per team.
- **Lions Annual Pig Roast.** Noon at Community Park and continues until the pork is gone. Proceeds benefit the Vadnais Heights Lions Club.
- **Magic Bounce Fun Zone.** Noon to 9 pm at Community Park. Big waterslide Sunday only. www.magicbounce.com
- **Kiddie Parade**. Children age 14 and under line up at 10:30 am and begin at 10:45 am. The parade starts at the Community Park flagpole and ends at the Free Old Fashion Games. Sponsored by Children's Discovery Academy.
- **Free Lions Old-Fashioned Games.** 11 am to 1 pm at Community Park. Photo Booth, Fish Pond, Tattoo Mania, Face Painting, Watermelon Eating Contest, Coloring Contest and more!
- ***Jason Huneke.*** Comedy Juggling Shows on the showmobile main stage 1 to 1:45pm and 2 to 2:45pm. www.jasonhuneke.com
- **Bingo**. 1 to 5 pm at the Vadnais Heights Commons. Sponsored by AFSA High School (www.agacademy.com).
- **Water Ball Tournament.** Between various local Fire Departments.
- **Co-Rec Slow-Pitch Softball Tournament**.
- **Merchandise Mart & Craft Fair, Commercial Vendors.** Noon to 5 pm at Community Park.
- ***Reflection from the Lake* Vadnais Heights history books for sale for $5.** At the Merchandise Mart.
- **Dunk Tank.** Noon to 5 pm at Community Park. All proceeds benefit the Boy Scouts.
- ***Tim Mahoney and Band.*** 7:15 to 10:50 pm (before & after fireworks) Classic Rock & Roll. www.timmahoney.com
- **Fireworks**. Enjoy a pyro-musical fireworks display at dusk. Sponsored by Priority Courier Experts, the City of Vadnais Heights, and the Vadnais Heights Lions Club.

Sunday, August 18

- **Bike Corral.** Community Park 10 am to 5 pm. Ride your bike to Heritage Days!
- **Grande Parade**. Starts at noon at the intersection of McMenemy and Oakgrove Parkway, heads south down McMenemy to County Road F, and turns east to Community Park.
- **Fire Relief Association Booya**. 10 am at Community Park. Delicious!
- **Car Show.** 11 am to 3 pm, presented by Cops-n-Rodders. Sponsored by Jimmy's Food & Drink.
- **Magic Bounce Fun Zone.** 1 to 5 pm at Community Park. Big Waterslide.
- ***The Last Ride Band.*** 1:30 pm to 4:30 pm. A local favorite country band. www.thelastrideband.com
- **Merchandise Mart & Craft Fair, Commercial Vendors.** Noon to 5 pm at Community Park.
- ***Reflections from the Lake* Vadnais Heights history books for sale for $5.** At the Merchandise Mart.
- **Men's D Slow-Pitch Softball Tournament**.
- **Bingo**. 1 to 5 pm at the Vadnais Heights Commons. Sponsored by AFSA High School. www.agacademy.com.
- **Dunk Tank.** Noon to 5 pm at Community Park. All proceeds benefit the Boy Scouts.

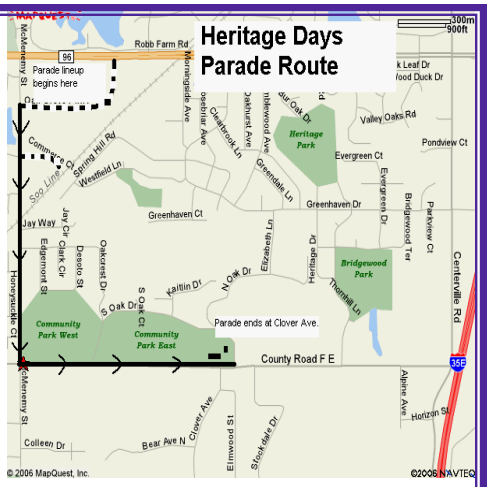
Heritage Days Food Vendors

Enjoy the wide variety of food vendors at Vadnais Heights Heritage Days. In addition to sponsoring Saturday's pig roast, the Lions will sell beer, corn, root beer, bratwurst, and hot dogs. Culvers will sell frozen custard and the Boy Scouts will sell pop during Sunday's Fire Relief Association Booya. Other culinary delights include pizza, wings, mini donuts, corn dogs, cheese curds, French fries, nachos, cotton candy, onion rings, hamburgers, lemonade, water and more.

For more information on Heritage Days activities, visit the city's website at www.cityvadnaisheights.com, or call Vadnais Heights City Hall at 651-204-6000.

Find us on Facebook

2013 Heritage Days Grande Parade Noon Sunday, August 18



The Heritage Days Committee thanks the many businesses and organizations that volunteer or make financial or in-kind contributions.

We particularly thank the businesses and organizations whose financial support help make Heritage Days possible:

Sponsor Level

Children's Discovery Academy
Cities Credit Union
City of Vadnais Heights
Culver's of Vadnais Heights
Erickson, Bell, Beckman & Quinn
H.B. Fuller Company
Heights Plaza Shopping Center
Jimmy's Food & Drink
Network Title, Inc.
NAC Mechanical & Electrical Services
Priority Courier Experts
Short-Elliott-Hendrickson, Inc.
Vadnais Heights Lions Club
Waste Management of MN, Inc.

Event Level

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Vadnais Heights Rotary Club
White Bear Lincoln
Xcel Energy Service Inc.

Contributor Level

Cottages of Vadnais Heights
Independent Parts & Services
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Urban's Farm and Greenhouses

For more information call
651.204.6000 or
go to the City's Web site at
www.cityvadnaisheights.com